

## Step 2: Self Assessment Worksheet — Using Standards of Practice

### STANDARD 1: RESPONSIBILITY AND ACCOUNTABILITY

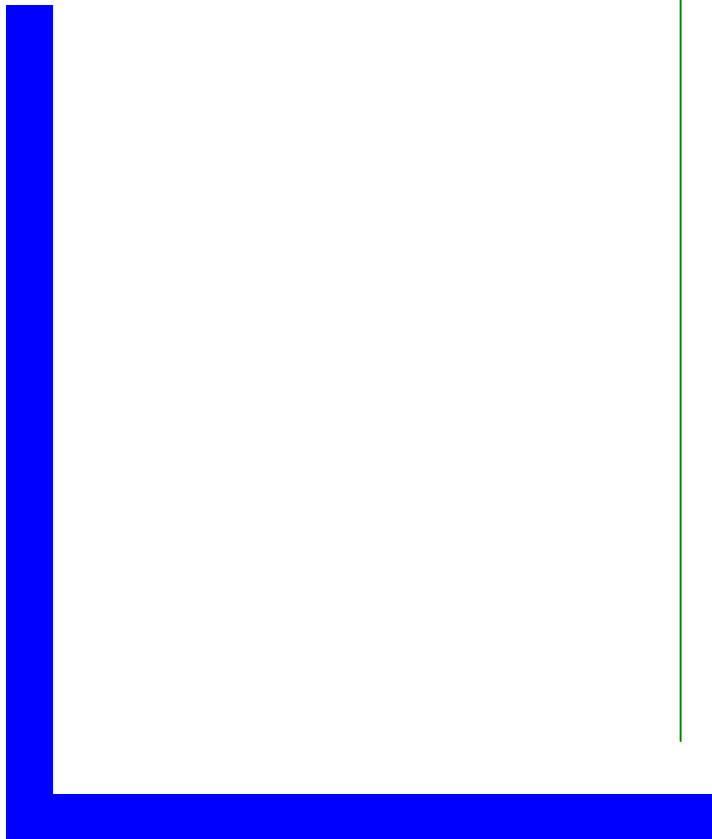
Maintains standards of nursing practice and professional conduct determined by YRNA and the practice setting.

Clinical Practice / Education / Administration / Research

	1 Proficient	2 Well Developed	3 Refining	4 Developing	5 Not Applicable
1. Is accountable and takes responsibility for own nursing actions and professional conduct.					
2. Functions within the legally recognized scope of practice of nursing and within all relevant legislation.					
3. Follows and/or helps to develop or change agency or department policies and evidence-based care standards.					
4. Takes action to promote the provision of safe, appropriate and ethical care.					

Area of Strength: Standard 1

Learning Opportunity: Standard 1



**Step 2: Self Assessment Worksheet (continued)**

**STANDARD 2: SPECIALIZED BODY OF KNOWLEDGE**

Bases practice on the best evidence from nursing science and other sciences and humanities.

Clinical Practice / Education / Administration / Research

	1 Proficient	2 Well Developed	3 Refining	4 Developing	5 Not Applicable
1. Knows how and where to find needed information to support the provision of safe, appropriate and ethical client care / nursing and health education / nursing practice.					
2. Shares nursing knowledge with clients, colleagues, students and others including, for those involved in research, the scientific community.					
3. Interprets and uses current evidence from research and other credible sources to make practice / education / administrative decisions and, for those involved in research, to plan and conduct research.					
4. Understands and communicates nursing's contribution to the health of clients, and for those in administration, the delivery of nursing services.					
5. Uses relationship and communication theory appropriately in interactions with clients, colleagues and others / to create a professional learning environment / to create an environment in which cooperation, professional growth and mutual respect can flourish / to share the practice implications and policy relevance of research in a meaningful way with registered nurses and others.					

Area of Strength: Standard 2

Learning Opportunity: Standard 2



Step 2: Self Assessment Worksheet (continued)

**STANDARD 3: COMPETENT APPLICATION OF KNOWLEDGE**

Makes decisions about actual or potential problems and strengths, plans and performs interventions, and evaluates outcomes.

Clinical Practice / Education / Administration / Research

	1 Proficient	2 Well Developed	3 Refining	4 Developing	5 Not Applicable
1. Collects information on client status / on individual and group learning needs / about organizational status / from a variety of sources using assessment skills including observation, communication and, in the case of clinical practice, physical assessment; in the case of research, using valid and reliable data collection instruments and methods.					
2. Identifies, analyzes and uses relevant and valid information — when making decisions about client outcomes and reporting client outcomes / when planning education / when determining organizational problems or status / in nursing research projects.					
3. Communicates — client status / learning needs of individuals and groups / organizational problems and status — using verifiable information in terminology used in the practice setting. In the case of research — develops and communicates research questions or hypotheses that are relevant and researchable.					
4. Develops — plans of care that include data about assessments, decisions about client status, planned interventions and evaluation criteria for client outcomes / education plans that address learning needs and strengths and include evaluation criteria / administrative and other strategies to address organization problems and strengths with accompanying evaluation criteria. In the case of research — writes research proposals to address stated questions/hypotheses.					
5. Sets priorities — when planning and giving care / when planning and providing education / when planning and implementing administrative and other strategies / when planning and conducting research.					
6. Carries out interventions in accordance with policies, guidelines and care standards. / Teaches using appropriate instructional methods and relevant learning theory. / Implements administrative and other identified strategies. / Conducts research in accordance with accepted research methods and procedures and/or supervises research assistants.					
7. Evaluates — client’s response to interventions / attainment of learning objectives using valid and reliable measures / process and/or outcomes of strategies — and revises the plan or strategies as necessary. In the case of research — analyzes and interprets qualitative and quantitative data.					
8. Documents / establishes / maintains appropriate reports of assessments and decisions about client status, plans, interventions and outcomes / education records / systems to manage clinical and administrative information. In the case of research — writes appropriate reports and articles for publication.					
9. Initiates, maintains and terminates professional relationships in an appropriate manner.					

Area of Strength: Standard 3

Learning Opportunity: Standard 3



**Step 2: Self Assessment Worksheet (continued)**

**STANDARD 4: CODE OF ETHICS**

*Adheres to the ethical standards of the nursing profession.*

Clinical Practice / Education / Administration / Research

	1 Proficient	2 Well Developed	3 Refining	4 Developing	5 Not Applicable
1. Upholds / supports others to uphold the values contained in the Canadian Nurses Association (CNA) <i>Code of Ethics for Registered Nurses</i> , namely: <ul style="list-style-type: none"> <li>• Providing safe, compassionate, competent and ethical care</li> <li>• Promoting health and well-being</li> <li>• Promoting and respecting informed decision making</li> <li>• Preserving dignity</li> <li>• Maintaining privacy and confidentiality</li> <li>• Promoting justice</li> <li>• Being Accountable</li> </ul>					
2. Consistently practises / and supports others to practice according to the responsibility statements in the CNA <i>Code of Ethics for Registered Nurses</i> .					

Area of Strength: Standard 4

Learning Opportunity: Standard 4



Step 2: Self Assessment Worksheet (continued)

**STANDARD 5: PROVISION OF SERVICE IN THE PUBLIC INTEREST**

Provides nursing services and collaborates with other members of the health care team in providing health care services to the ethical standards of the nursing profession.

Clinical Practice / Education / Administration / Research

	1 Proficient	2 Well Developed	3 Refining	4 Developing	5 Not Applicable
1. Communicates, collaborates and consults — with other members of the health care team / with registered nurses and others / other researchers — about the client’s care / education / provision of health care services / research.					
2. Assigns and delegates appropriately to other members of the health care team. / Advocates and provides education for registered nurses and others regarding assignment and delegation. / Advocates and develops policies that clearly outline the responsibility and accountability for all involved in assignments and delegations. / Interprets research evidence to guide policy regarding assignment and delegation.					
3. Guides / supervises as appropriate — other members of the health care team / educational staff and students / staff and others involved in planning the delivery of health care services / members of the research team.					
4. Advocates and participates / takes action / directs — changes to improve client care and / nursing practice / educational practice / administrative practice / improved conduct of research.					
5. Reports unsafe practice or professional misconduct to appropriate person or body. In the case of administration — takes appropriate action or reports unsafe practice or professional misconduct to appropriate person or body.					
6. Assists clients / colleagues, students and others to learn about the health care system and accessing appropriate health care services. In the case of research — assists colleagues, students and others to learn about the health care system and the influence of research on nursing practice and health care services.					

Area of Strength: Standard 5

Learning Opportunity Standard 5



Step 2: Self Assessment Worksheet (continued)

**STANDARD 6: SELF-REGULATION**

Assumes primary responsibility for maintaining competence and fitness to practice.

Clinical Practice / Education / Administration / Research

	1 Proficient	2 Well Developed	3 Refining	4 Developing	5 Not Applicable
1. Maintains current registration.					
2. Practises within own level of competence.					
3. Meets the requirements for continuing competence, including investing own time, effort or other resources to meet identified learning goals.					
4. Maintains own physical, psychological and emotional fitness to practice.					
5. Sets priorities — when planning and giving care / when planning and providing education / when planning and implementing administrative and other strategies / when planning and conducting research.					
6. Carries out interventions in accordance with policies, guidelines and care standards. / Teaches using appropriate instructional methods and relevant learning theory. / Implements administrative and other identified strategies. / Conducts research in accordance with accepted research methods and procedures and/or supervises research assistants.					

Area of Strength: Standard 6

Learning Opportunity: Standard 6

